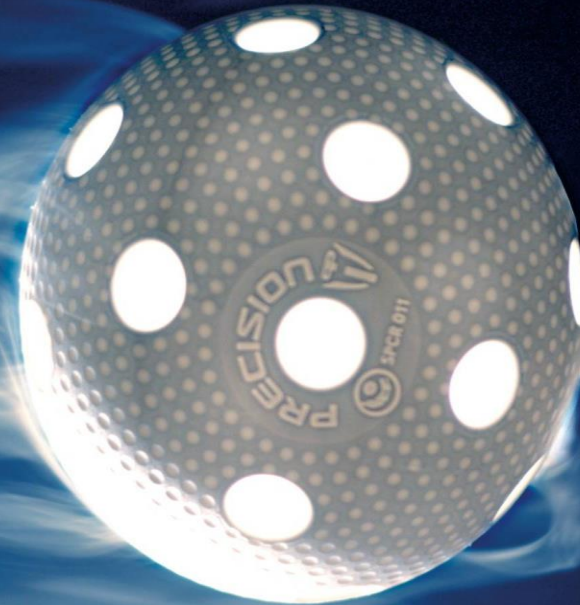




Floorball, The Fastest Growing Indoor Sport in the World !



Presented by:

**SONA Floorball SRT
and**



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Floorball Introduction



- Floorball is the fastest growing indoor sport in the world.
- It is relatively new sport to Special Olympics, with first introduction in 2008.
- At 2013 SO World Winter Games - Floorball demo-game with 8 teams only.
- In 2014 Floorball become Special Olympics Official Sport.
- At 2017 SO World Winter Games - 60 teams from 35 countries. USA and Australia were not represented.
- Expectation for 2022 SO World Winter Games: 70+ teams from over 40 countries (USA is sending two teams).
- Floorball has many advantages. Two are primary: It is easy to play and the equipment costs are very low.
- The game can be **easily learned and played by all ability** players.
- **Floorball is fun and inexpensive!**

Video Corner!

Interview &
SO demo game during
IFF 2017 Women's
Floorball
World Championship

Click or Scan



What is Floorball?

- Floorball is a fun, fast paced, exciting, safe and low-cost type of indoor hockey. It resembles floor hockey; however, it is played with advanced lightweight sticks and rules that make the game much safer.
- No protective gear needed!
- Floorball is a Worldwide sport
 - Established in the 1970's in Sweden
 - Today Floorball is known throughout the world and gaining popularity in the US
 - Official rules and regulations are established by IFF ([International Floorball Federation](#))
- Floorball is fun, fast, safe and inexpensive
 - Requires only a **stick**, **sneakers**, **shorts** and a **shirt** to play
- Special Olympics Floorball can be played in competition models: 4 v 4 or 6 v 6 (includes goalie) or 5 v 5 Unified Floorball
- In the classification rounds, teams will play a minimum of two evaluation games of at least five minutes (4 v 4) or seven minutes (6 v 6 & Unified)
- Floorball is ideal for coed and mixed age groups
 - Emphasis on speed, skill and technique over physical strength
 - Body and stick checking are not permitted and playing of the ball or stick above the knee is illegal
 - Can be played anywhere there is a smooth surface – inside or outdoors



What Makes Floorball So Popular?



- It's Fun and Inexpensive! Everyone participates.
- All age groups can play together (kids and adults). Easily played co-ed.
- Easy to Learn. Can teach basic rules in 5 minutes.
- Can be played year-round.
- Floorball is a good sport for those SO Athletes with less effective motor skills
- Very Safe
 - Rules are designed with “safety first” in mind.
 - Floorball sticks are light and easy to control.
 - No protective equipment is needed.

Video Corner!

10th IFF Women's World
Floorball Championships
2015 – SO Demo Game

Click or Scan



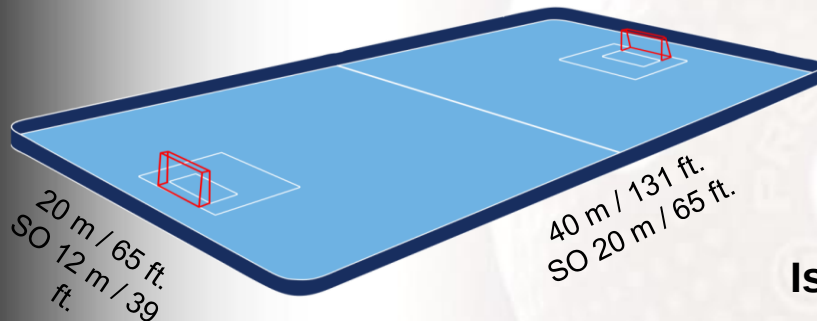
Floorball – the Game

- **Floorball first appeared in the Special Olympics** as a demonstration at the 2013 World Winter Games in Korea and its now an official Special Olympics Sport. Played in Traditional and in Unified formats at the 2017 SO World Winter Games in Austria.
- [Special Olympics floorball rules](#) has a few modifications to IFF rules.
- Competitions are played 4v4, 5v5 (Unified) or 6v6, including goalies. (3,4 or 5 field players)
- The size of the rink depends on the format:
 - For 4v4 is 12-14m x 20-24m
 - For 5v5 Unified is 14-15m x 24-30m
 - For 6v6 is 18-22m x 36-44m
- **Check our SO Video Corner for Coaching Guide and Training Videos**



Video Corner!

Special Olympics
Coaching Guide with
embedded training
videos. 



**All you need
Is a stick and a ball to play!**





Rules

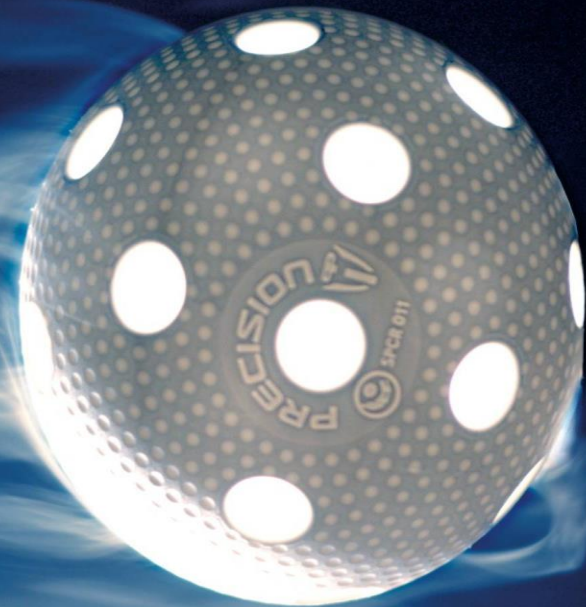
- No body or stick contact
- No stick interference
- Can not swing stick or hit the ball above the knees
- Can not touch the ball with your hands or head.
- Cannot put your stick between an opponent's legs
- No jumping to play the ball
- Minor infractions result in change of possession





Floorball Equipment

**What Do You Need to Play This
Exciting Sport?**





Floorball Equipment



Floorball is fun and inexpensive! Here is what is needed:

- Field Players
 - Floorball stick
 - Floorball Ball (for practice)
 - T Shirt, Shorts, Sneakers
- Floorball Balls
 - Small, lightweight plastic – 72 mm (2.8") diameter, 23 gm (.89 oz)
 - Similar to a whiffle ball but stronger and designed for floorball play.
 - White or Colors, available singly, packs of 4/10, bulk
 - Cost: \$2.35 - \$3 each
 - Softer, more flexible balls are available for less aggressive play.
- Goalie (if you run a program with a dedicated goalie position)
 - Goalie Mask
 - Knee Pads
 - Goalie Pants
 - Padded Chest/Arm Protector
 - Outer Jersey
 - If Desired – Goalie Gloves, Elbow Pads
 - Note: Goalie DOES NOT Play with a Stick!



Floorball Equipment



- Goals – 2 needed for Game Play
 - Portable Mini Goals (30" – 36") when playing without a dedicated goalie
 - Field player can rotate through the goalie position and play with a stick.
 - Foldable, can have metal frame or PVC plastic.
 - Easy to set-up and store.
 - Cost: \$35 - \$75 each
 - Intermediate Goals (48" – 54")
 - Play with or without a dedicated goalie
 - Usually PVC plastic frames. Some models can fold or can be nested for easy storage.
 - Cost: \$65 - \$170 each
 - Regulation Size Goals (160 cm wide x 115 cm high – 63" x 45")
 - Steel frames
 - May be IFF certified for sanctioned competition
 - Features a drop net to prevent ball from bouncing out
 - Cost: \$150 - \$325 each

Floorball Equipment



- Floorball Rink Boards
 - Only Required for Tournament Play and Competition
 - Keeps ball in play and makes for a much faster game.
 - Complete board set made up of straight segments and curved corner segments.
 - IFF regulation court is 40m x 20m (132' x 65') and typically requires 52 straight segments and 8 corner segments. Special Olympics court size is smaller – 24m x 12m or 30m x 15m.
 - Board segments are 50 cm (20") high and have flexible connectors designed to "give" when impacted to prevent injury even during aggressive play.
 - Constructed from a variety of materials – heavy duty molded plastic, composites or lightweight flexible covering over a metal interior frame.
 - Board sets are portable – designed for easy set-up. A complete court can be assembled in 15 minutes.
 - Use any combination of board segments to fit the available floor area.
 - Board segments are typically mounted on a wheeled "trolley" for easy storage and transport.
 - Cost: \$6500 - \$10,500 depending on size requirements.
 - Special Olympics floorball competition is easily held in any school gym.



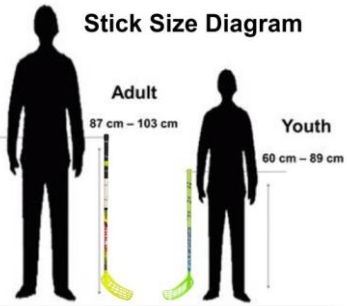


Floorball Sticks

*Special
Olympics*



Stick Size Diagram



- There are two characteristics that make Floorball unique – the rules and the equipment. The floorball stick is what sets Floorball apart from every other stick sport.
- Floorball Stick is relatively short and VERY lightweight.
 - Size (stick length) varies from less than 30" to 46". Weight from 6.5 to 8.5 ozs.
 - Floorball stick shafts are made of spun fiberglass. Advanced sticks can have shafts made of carbon fiber and other high-tech materials.
 - The floorball blade is made of plastic (typically polyethylene) and is largely responsible for relative stick performance. The blade contacts the ball and is all important for ball control, passing and shooting.
 - Floorball sticks are designed to be played Left or Right. This refers to the side of the body where you play your forehand (see pictures at left). Whether you are right-handed or left-handed has NO RELATION to how you hold the stick.
 - Some sticks come with a "straight blade". It is not curved and can be played equally well from the left or right side. HOWEVER, A CURVED BLADE WILL ALWAYS PROVIDE SUPERIOR PERFORMANCE OVER A STRAIGHT BLADE.
 - When choosing a floorball stick, a player needs to select the correct shaft length (for adults, 87 cm to 103 cm, for youth players 65 cm to 87 cm). When held in front of the body with the toe of the blade on the floor, the stick should come to 1-2" above the belly button.
 - After selecting the correct length, the player chooses a left or right stick. We only recommend a straight blade stick in program settings where you are unable to know how many left or right sticks may be required.



Shoot LEFT



Shoot RIGHT

Typical Floorball Sticks

Program Sticks

Shaft Type: Composite / Round, Shaft Flex: Soft
 Grip Type: Sand or Tape Grip
 Shaft Length: 75 cm, 85 cm, 95 cm
 Blade: Straight Blade – Used in school/group packages
 Example: Salming Campus 36, Campus 34, or Score One
 Cost: \$28 - \$30 per stick (in stick packages)



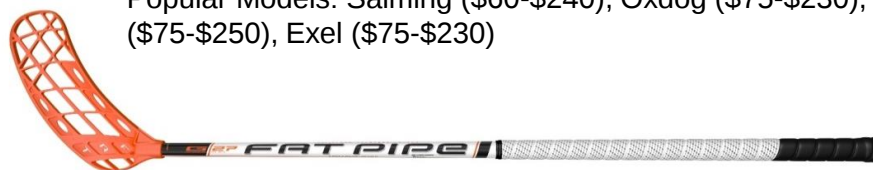
Beginner Stick

Shaft Type: Composite / Round, Shaft Flex: 32 mm (Soft)
 Grip Type: Firm (Tape) Grip
 Shaft Length: 65 cm, 75 cm, 82 cm, 87 cm, 96 cm, 100 cm
 Blade: Precurved Blade (Left or Right)
 Example: Wooloc Force 3.2, Salming Campus Aero
 Cost: \$30 - \$48 per stick



Mid / High Level

Shaft Type: Carbon Composite / Round, Flex: 24 - 30 mm (Firm)
 Grip Type: Firm Grip (tape)
 Shaft Length: Various from 65 cm to 103 cm
 Blade: Pre-curved (Left or Right)
 Popular Models: Salming (\$60-\$240), Oxdog (\$75-\$230), Fatpipe (\$75-\$250), Exel (\$75-\$230)



PLAYER HEIGHT	SHAFT LENGTH	SHAFT + BLADE
3'8" to 4'2"	67 cm	78 cm
4'2" to 4'4"	72 cm	83 cm
4'4" to 4'6"	77 cm	88 cm
4'6" to 5'0"	82 cm	93 cm
5'0" to 5'4"	87 cm	98 cm
5'4" to 5'8"	92 cm	103 cm
5'8" to 6'0"	96 cm	107 cm
6'0" to 6'4"	100 cm	111 cm
+ 6' 4"	103 cm	114 cm





A Variety of Floorball Stick Packages are Available with SO Pricing

Salming Campus 36 Basic Stick for all Programs

- Extremely low starting cost for a quality stick.
- Straight Blade (can be curved).
- Length: 75 cm / 85 cm / 95 cm
- Individual Stick Price: \$28
- Group Packages starting @ \$410 for 12 sticks, 12 balls and team stick bag. Can be configured for any age group.



Campus 34 or Score One Basic Stick for Middle School, High School, & Adult

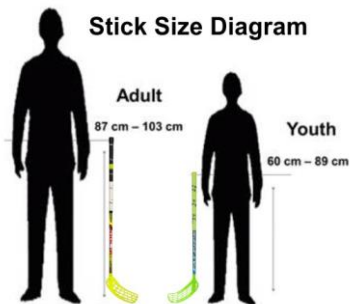
- Low starting cost for a quality stick.
- Straight Blade (some models can be curved).
- Two lengths: 85 cm and 95 cm.
- Individual Stick Price: \$30
- Group Packages starting @ \$370 for 10 sticks, 10 balls and team stick bag. Can be configured for any age group.



Wooloc Force 3.2 Entry-Level Stick

- Lowest price precurved stick.
- Four lengths: 65 cm, 75 cm, 87 cm, 96 cm.
- Individual Stick Price: \$31.50
- Create a group package with sticks, balls, goals, and team stick bag.





Shoot LEFT



Shoot RIGHT

Some Stick Considerations



- Starting a Floorball Program:
 - Answer 3 Basic Questions:
 1. Who are my players? Are you introducing athletes to a stick sport who probably have never played this type of sport? Are you looking to develop a team for competition? Are all of your participants special needs athletes or will you be playing unified?
 2. What is the age range of my players? For best results, your players should all have a stick of the correct size. You need to consider players who may be very tall as well as players 4 feet tall and shorter.
 3. How and where will you play? Do you have an indoor facility with a smooth floor like a basketball court? Will you play on a sport court? Outdoors on concrete or asphalt? Some blades are harder than others and will be more durable when played on a rough parking lot.
 - A straight blade stick package is a good place to start. Then your only important decision is what length sticks are appropriate (packages can have a mix of sizes) and how many do you need? Most packages have 10 or 12 sticks which is enough to play games with 5 or 6 players on a team.
- We ALWAYS recommend that players have a stick and ball to take home for practice. Floorball can be practiced ANYWHERE and players gain valuable skills and experience at home. Players should be encouraged to purchase their own stick that is sized correctly and has features to match their experience and playing style.
- IFF Certification: Any stick used in competitions sanctioned by the International Floorball Federation (World Games and most national tournaments) must be IFF certified. Most straight blade sticks are NOT IFF certified. Nearly all precurved sticks ARE certified.

SOSC Floorball Plan

1. Special Olympics Southern California has a plan and schedule

Timeframe	Action	Online/In-Person	Audience
May 23, 2022	Introduction/Informational Session	Online Webinar	All
June 18, 2022	Info and Demonstration Area for Coaches and Athletes	In-Person at Spring Sports Festival	Registered Attendees
Fall 2022	Coaches Education	In-Person	Coaches
Jan-March 2023	Floorball Season	In-Person	
March 2023	Floorball Culminating Event	In-Person	

2. SOSC has placed initial equipment order

- 2 straight blade stick sets (12-stick Campus 36, 10-stick Score One with balls and big stickbag) Stick sizes from 75 cm to 95 cm.
- 30 Wooloc Force precurved sticks – 75 cm, 87 cm, 96 cm
- Additional balls
- 6 folding PVC goals (24" x 36") for play without goalies





SOTX Winter Games 2022

